Karen Lynch, Special Education Advocate

Karen is a Special Education Advocate that has been working at TRI for over 13 years. She has a son in his late 20s on the Autism spectrum, which has provided her with over 25 years of experience navigating Dutchess County school systems. Although she has a degree in business administration, she has spent most of her life working in human services and says "I believe this is where I am supposed to be." Formerly facilitating special education parent groups in a church and then for the Mental Health Association, she has supported thousands of parents over the years. "I had been helped by other parents, now it was time for me to pay it back or forward as they say". Karen completed the year-long Chamber of Commerce sponsored Dutchess’ Leadership training in June 2010 and attended the William and Mary Law School Institute of Special Education Advocacy (ISEA) in August 2017. Karen is the Co-Facilitator for the Dutchess County Transition Network. Karen is dedicated to helping parents learn and navigate the school system. Maya Angelou’s quote can be found on her desk as her guiding inspiration...

"Do the best you can until you know better. Then when you know better, do better."  

Maya Angelou